Lorestan University of Medical Sciences
School of Nursing and Midwifery of Khorramabad

TITLE:

The Effect of Couple-Based Supportive Intervention on Marital Satisfaction and Intimacy among Men with Cancer Referred to Shahid Rahimi Hospital of Khorramabad

By:

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Abstract:

Background: Cancer can negatively affect the quality of marital life due to its psychological and emotional consequences. The present study aimed to investigate the effectiveness of a couple-based supportive intervention on marital satisfaction, intimacy, and sexual satisfaction in men with cancer.

Methods: This semi-experimental study was conducted using a pre-test and post-test design with a control group. The statistical population included men diagnosed with cancer who referred to Shahid Rahimi Hospital in Khorramabad. Participants were randomly assigned to intervention and control groups. The intervention group received a structured couple-based supportive program. Standardized questionnaires were used to assess marital satisfaction, intimacy, and sexual satisfaction before and after the intervention.

Results: Findings showed a significant improvement in marital satisfaction, intimacy, and sexual satisfaction among the intervention group compared to the control group.

Conclusion: Couple-based supportive interventions can enhance the quality of marital relationships in men with cancer and are recommended as part of holistic care in clinical settings.

Keywords: Marital Satisfaction, Intimacy, Sexual Satisfaction, Cancer, Couple-Based Intervention